



## 2024-2025 Enrichment & Sports Options

Visit [www.npcadfw.com](http://www.npcadfw.com) for more information and to register.

### AFTER-SCHOOL ENRICHMENT CLASSES

August 19<sup>th</sup> – May 8<sup>th</sup>, 3:30 - 4:30 pm\*

\*Students must be picked up by 4:35 pm.

No classes the weeks of 11/25-11/28, 12/16-1/7, 3/17-3/20.

Enrichment classes are open to NPCA students and the local community.

All enrichment class payments will be made payable to the instructor and not billed through NPCA.

**Mondays:** (32 classes, Classes on a Monday holiday will resume on Tuesday.)

- ASL I, II, III, & IV \*New price\* \$405/year, plus textbook
- Intro. to Barbering & Cosmetology (\$320/year, plus a \$50 supply fee)
- Snapology (\$320/year)

**Tuesdays:** (32 classes)

- Crochet (FREE class with a \$50 supply fee)
- Arts & Crafts (\$320/year, plus a \$50 supply fee)

**Wednesdays:** (32 classes)

- Chess Masters (\$320/year)
- Snapology (\$320/year)
- Cooking & Kitchen Skills (\$320/year, plus a \$60 supply fee)

**Thursdays:** (32 classes)

- Advanced Art (\$320/year, plus a \$50 supply fee)
- Musical Theatre (\$175/year)

### HYPE AFTER-SCHOOL SPORTS PROGRAMS

August 19<sup>th</sup> – May 8<sup>th</sup>, 3:30 - 4:30 pm\*

\*Students must be picked up by 4:35 pm.

No classes the weeks of 11/25-11/28, 12/16-1/7, 3/17-3/20.

Sports are open to NPCA students and the local community.

Sports program registration and payments will be made through HYPE at [www.hypedfw.org](http://www.hypedfw.org), not through NPCA.

**Mini Sports:** M/W, August 19<sup>th</sup> – May 7<sup>th</sup>

- (3:25-4:25 pm) Kinder – 3<sup>rd</sup> grade
- 58 sessions (Exposure to basketball, volleyball, soccer, pickleball, etc.)
- \$450/year or \$250/semester (\$50 discount for an annual payment)

**Fall Sports:** August 19<sup>th</sup> – November 7<sup>th</sup>

- (M/W, 4:30-5:30 pm) Girls Basketball, 10 years & up (\$135/athlete)
- (T/TH, 3:45-4:45 pm) Co-ed Flag Football, 10 years & up (\$110/athlete)

**Winter Sports:** December 2<sup>nd</sup> – March 6<sup>th</sup> (\$155/athlete)

- (M/W, 4:30-5:30 pm) Girls Basketball, 10 years & up
- (T/TH, 3:25-4:25 pm) Boys Basketball, 10 years & up
- (T/TH, 4:30-5:30 pm) Boys Basketball, 13 years & up

**Spring Sports:** March 10<sup>th</sup> – May 8<sup>th</sup> (\$110/athlete)

- (M/W, 4:30-5:30 pm) Girls Pickleball, 9 years & up
- (T/TH, 3:25-4:25 pm) Boys Pickleball, 9 – 12 years
- (T/TH, 4:30-5:30 pm) Boys Pickleball, 13 years & up

### FRIDAY ENRICHMENT OPTIONS

Enrichment classes are open to NPCA students and the local community.

All enrichment class payments will be made payable to the instructor or HYPE ([www.hypedfw.org](http://www.hypedfw.org)), not through NPCA.

**HYPE Fridays**

- Open to Kinder – 7<sup>th</sup> grade
- August 23<sup>rd</sup> – May 9<sup>th</sup> from 10:00 am – 3:00 pm
- 33 weeks, no classes on 11/29, 12/20, 12/27, 1/3, 3/21
- \$1,200/year, \$720/semester, or a drop-in rate of \$55/day
  - Siblings are half-off HYPE Fridays!
- Students will rotate between 4 classes, with a 30-min lunch & recess.
  - PE Games, Arts & Crafts, Snapology, & STEM or Spanish Activities

**Etiquette Classes with “Lone Star School of Etiquette”**

- Open to 1<sup>st</sup> – 6<sup>th</sup> grade
- (10 weeks) August 23<sup>rd</sup> – October 25<sup>th</sup>, 10:00 – 11:00 am
- \$425/student/session, Pricing includes a final formal dinner.
- Classes to include but are not limited to: First Impressions, Introductions, Communication Skills, Dining Skills, Appreciation, Attitude, and Respect for Others’ Property.

**Etiquette Classes with “Lone Star School of Etiquette”**

- Open to 7<sup>th</sup> – 12<sup>th</sup> grade
- (10 weeks) August 23<sup>rd</sup> – October 25<sup>th</sup>, 11:15 am – 12:15 pm
- Classes to include but are not limited to: How to Conduct Yourself with Confidence, Social Skills, Dining Skills, Savvy Communication, Respect and Courtesy, Job and College Interviews, Sportsmanship, and Posture.

# After-School Enrichment Class Descriptions

- **Advanced Art**
- **6<sup>th</sup> grade and up (Students in 8<sup>th</sup> grade and up will receive 1 credit towards HS graduation requirements.)**
- **Instructor: Mrs. Estrada**
- **Thursdays from 3:30 – 4:30 pm**
- **\$320 per year, plus a one-time \$50 supply fee**

Students will use a multitude of mediums to create advanced art pieces that will be cherished for years to come! Students will study and complete line drawing, doodle drawing, macrame, pixel art, deco art, abstract painting, air dry clay, paper mâché, landscape portraits, and more!

- **Arts & Crafts**
- **Kindergarten through 5<sup>th</sup> grade**
- **Instructor: Mrs. Blick**
- **Thursdays from 3:30 – 4:30 pm**
- **\$320 per year, plus a one-time \$50 supply fee**

Students will create a different art project each class using a variety of artistic mediums. Projects will be centered around a theme or upcoming holiday. Students of all artistic abilities will have fun in this class! All supplies will be provided.

- **ASL I, II, III, and IV**
- **8<sup>th</sup> grade and up (Students will receive 1 credit towards HS graduation requirements.)**
- **Instructor: Mrs. Rooks**
- **Mondays from 3:30 – 4:30 pm**
- **\$405/year, billed \$45/month beginning in September**
- **CURRICULUM LIST: (Found on Amazon.com)**
  - **ISBN: 1881133206 - MASTER ASL! Level 1 (used is fine; included DVD helpful but not required)**
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Students are taught American Sign Language (ASL) vocabulary and grammatical structures in a full inclusion. They will learn ASL fingerspelling, the use of gestural devices, and how to appropriately use the signing space. Students will learn about the deaf culture in the United States.

- **Chess Masters**
- **5<sup>th</sup> grade and up (Younger students may join with prior approval from the instructor.)**
- **Instructor: Mr. Bess**
- **Wednesdays from 3:30 – 4:30 pm**
- **\$320 per year, includes competitive game fees**

Love chess? Join *Chess Masters* to play, learn, strategize, and spend time with friends. All chess equipment will be provided. Attendees will be engaged in playing chess with different players. Results will be tracked each week and player scores will be posted. Players will sometimes be able to select their opponent and other days they will be assigned by rankings. Timers will be introduced this year and students will be taught their proper use. Beginners are always welcome and will be introduced to learn the basics of chess and to participate in competitive games. Beginners will not be ranked until they feel confident in their skills.

- **Cooking & Kitchen Skills**
- **1<sup>st</sup> – 6<sup>th</sup> grade**
- **Instructor: Mrs. Richardson**
- **Wednesdays from 3:30 – 4:30 pm**
- **\$320 per year, plus a one-time \$60 supply fee**
- **Requirement:** Each student must provide a full-sized apron that will stay at school.

Students will be introduced to the fundamentals of cooking in a fun and safe environment. Our young chefs will learn essential skills such as measuring ingredients, following simple recipes, basic knife safety, and proper food handling. This class involves hands-on activities where children can prepare a variety of foods including breakfast options, sides, appetizers, and desserts. Emphasis is placed on healthy eating habits, teamwork, and gaining confidence in the kitchen.

- **Crochet Club**
- **4<sup>th</sup> grade and up**
- **Instructor: Mrs. Estrada**
- **Thursdays from 3:30 – 4:30 pm**
- **Free class with a one-time \$50 supply fee (includes one needle kit per student)**
- **Requirement:** choices of yarn (more information will be provided at the first club meeting)

This is a free, after-school club for students of all abilities in grades 4<sup>th</sup> and up to learn how to crochet. Students will learn the various crochet styles while using a variety of yarns. Projects will include hats, blankets, scarves, gloves, and stuffed animals. Along with making and donating premie hats to Cook Children’s Hospital, students will also display their handmade creations at the annual art show.

- ~~**Intro. to Barbering & Cosmetology**~~
- ~~**7<sup>th</sup> grade and up**~~
- ~~**Instructor: Ms. Smith**~~
- ~~**Mondays from 3:30 – 4:30 pm**~~
- ~~**\$320 per year, plus a one-time \$50 supply fee**~~

~~Intro. to Barbering and Cosmetology will cover basic skills in the beauty and barbering industry. Students will learn about different professions within the industry, proper sanitation of all equipment, and how to perform a scalp analysis. We will learn and practice how to cut, style, and color hair to a basic level. Students will learn how to cut and style a fade. This course will also cover skin care and massage techniques. The ultimate goal of this course is to help students gain experience before pursuing a career in this field.~~

- **Musical Theatre**
- **4<sup>th</sup> grade and up**
- **Instructor: TBD**
- **Thursdays from 3:30 – 4:30 pm**
- **\$175 per year**

This is a student-led class where they will work together to create and produce an end-of-year musical. Students will have the choice of acting in the musical, playing an instrument, or creating costumes and set design. The purchase of a licensed musical will be determined by the students at the start of the school year.

- **Snapology**
- **Kinder – 5<sup>th</sup> grade**
- **Instructor: Snapology Instructor**
- **Mondays or Wednesdays from 3:30-4:40 pm**
- **\$320 per year, per class (choice of Mondays or Wednesdays)**

Snapology provides a safe, fun environment for children to learn and create. All activities embody S.T.E.A.M. (science, technology, engineering, art, math)! Students will use Legos, Duplos, K'Nex Models to encourage active designing, creativity, and inventive learning. The activities challenge participants to cultivate problem solving skills through application of the scientific method and project planning.

## **Friday Enrichment Descriptions**

- **HYPE Fridays**
- **Kinder – 7<sup>th</sup> grade**
- **Instructors: Various**
- **Fridays from 10:00 – 3:00 pm (33 weeks)**
- **Students will rotate between 4 classes, plus they will receive a 30-minute lunch break and recess/free-play.**
  - PE Games
  - Arts & Crafts
  - Snapology
  - STEM Activities or Spanish
- **Students are required to wear athletic shoes and bring a water bottle and lunch.**
- **\$1,200/year, \$720/semester, or a drop-in rate of \$55/day**
  - Siblings are half-off tuition.

- **Etiquette Classes**
- **1<sup>st</sup> – 6<sup>th</sup> grade**
- **Instructor: Lone Star School of Etiquette**
- **Fridays from 10:00 – 11:00 am (10-week sessions)**
  - **Session 1: August 23 - October 25**
  - **Session 2: November 1 – January 31**
  - **Session 3: February 7 – April 18**
- **\$425 per session**

Classes to include but are not limited to: First Impressions, Introductions, Communication Skills, Dining Skills, Appreciation, Attitude, and Respect for Others' Property.

- **Etiquette Classes**
- **7<sup>th</sup> – 12<sup>th</sup> grade**
- **Instructor: Lone Star School of Etiquette**
- **Fridays from 11:05 – 12:05 am (10-week sessions)**
  - **Session 1: August 23 - October 25**
  - **Session 2: November 1 – January 31**
  - **Session 3: February 7 – April 18**
- **\$425 per session**

Classes to include but are not limited to: How to Conduct Yourself with Confidence, Social Skills, Dining Skills, Savvy Communication, Respect and Courtesy, Job and College Interviews, Sportsmanship, and Posture.